

Connections

Giving hope, comfort, peace and sharing community with those we serve.

IN THIS ISSUE

IHCAM funds first set of Spirituality Grant Projects

In the last Interfaith Healthcare Association of Manitoba newsletter, we were pleased to announce a new spirituality grant program for IHCAM’s institutional members. The first intake deadline was on March 15th, and nine proposals were reviewed by IHCAM’s board for approval.

The following spirituality grants were approved and disbursed:

COMMITMENT TO SUPPORTING INDIGENOUS PRACTICES

Indigenous leadership at **Sara Riel Inc.** identified the need for a smudge room in order to support their Indigenous participants, staff, community, and future programming ideas and needs. They have emphasized that the smudge room is the first step in moving on to those larger goals in supports of the truth and reconciliation journey.



du Manitoba

St.Amant also put forward a proposal to design a spiritual and cultural practice space at 440 River Road. All people should be able to access medicine anywhere that they need, however there are a variety of barriers in healthcare environments for Indigenous people who practice land-based medicine to do so, particularly with respect to smudging. Some barriers are building ventilation-related, while others are simply attitudinal. The goal of the design project is to explore options for a multi-faith spiritual practice space that is respectful of the needs of the people St.Amant supports.

Winnipegosis & District Health Centre Care Home applied to support a local Metis woman who is employed as Brandon University’s Diversity and Human Rights Advisor to come to the WDHC and provide education on Inclusivity, Diversity and Disrupting Racism in Rural Manitoba. This session will provide staff the opportunity to learn about their own personal values and beliefs, history to racism and Pride, as well to expand knowledge on how they can offer compassionate care to WDHC residents, clients and each others.

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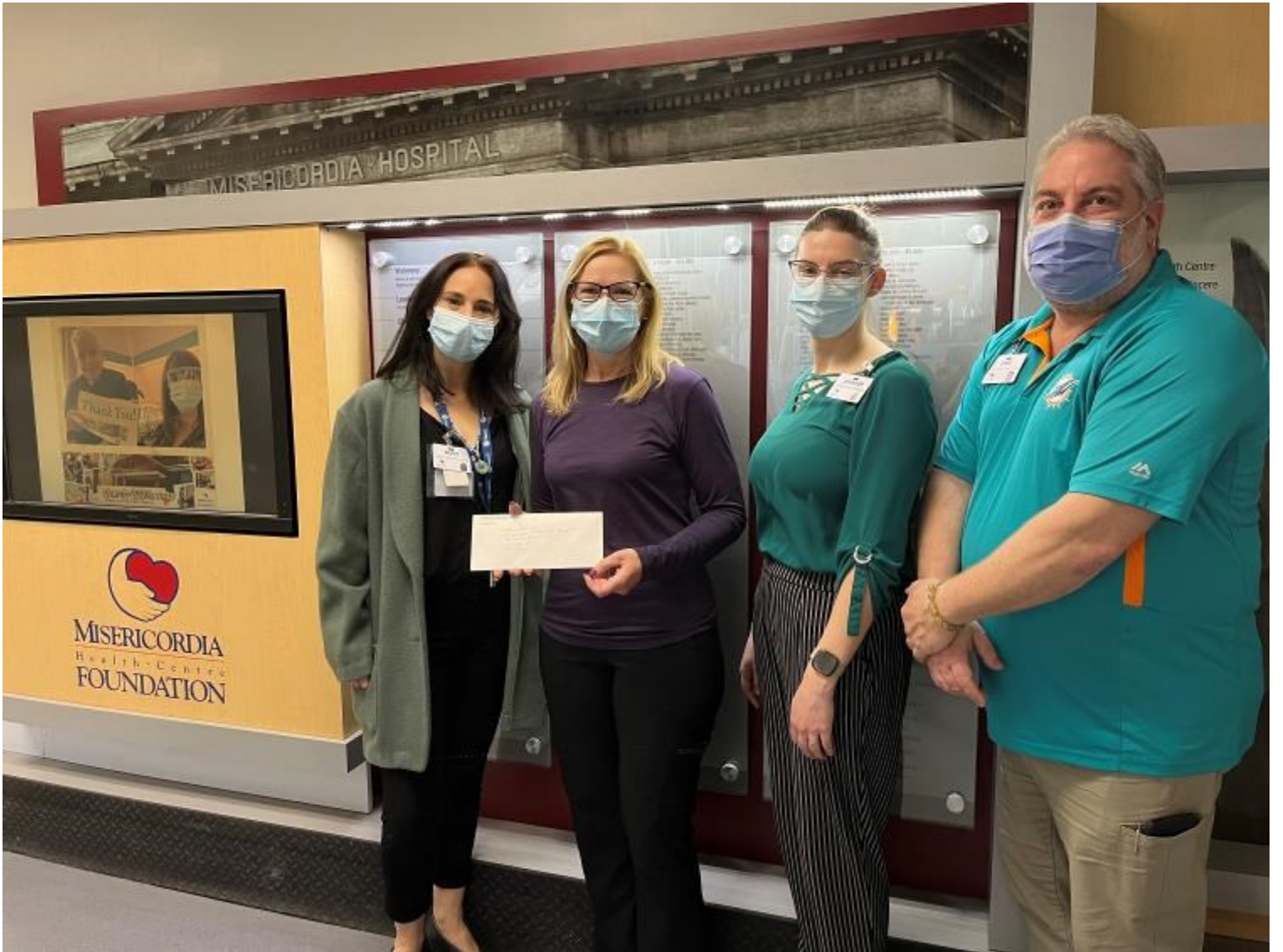
SPIRITUAL HEALTH LIBRARIES



Misericordia Health Centre and **Salem Home** both submitted requests to develop Spiritual Health lending libraries that will have reading materials and resources that meet the residents diverse experiences and practices. The library will include books, CD players, CDs, portable audio books and other reading materials.

CHAPLAINCY

Haven Group’s Cedarwood Supportive Housing will use the funds to recruit, train, and retain a Chaplain (4 hrs/week). This person will be contracted for one-year to provide spiritual and emotional support to tenants by facilitating chapels, visitation (1-on-1 or in groups), and running spiritual programs such as Bible studies and hymn sings.



DEALING WITH THE EFFECTS OF THE COVID-19 PANDEMIC: FINANCIAL ESTIMATES FOR NURSING AND RESIDENTIAL CARE FACILITIES IN 2021



Statistics
Canada

Statistique
Canada

Nursing and residential care facilities in Canada have been dealing with the negative effects of the COVID 19 pandemic. Staffing shortages have been prevalent since the number of employees fell 2.1% in 2020. As well, nursing and residential care facilities faced higher operating expenses for personal protective equipment purchases, testing and screening measures, and other infection control measures and supplies. In 2020, the number of residents dropped 4.3% because of fewer admissions and a higher number of deaths.

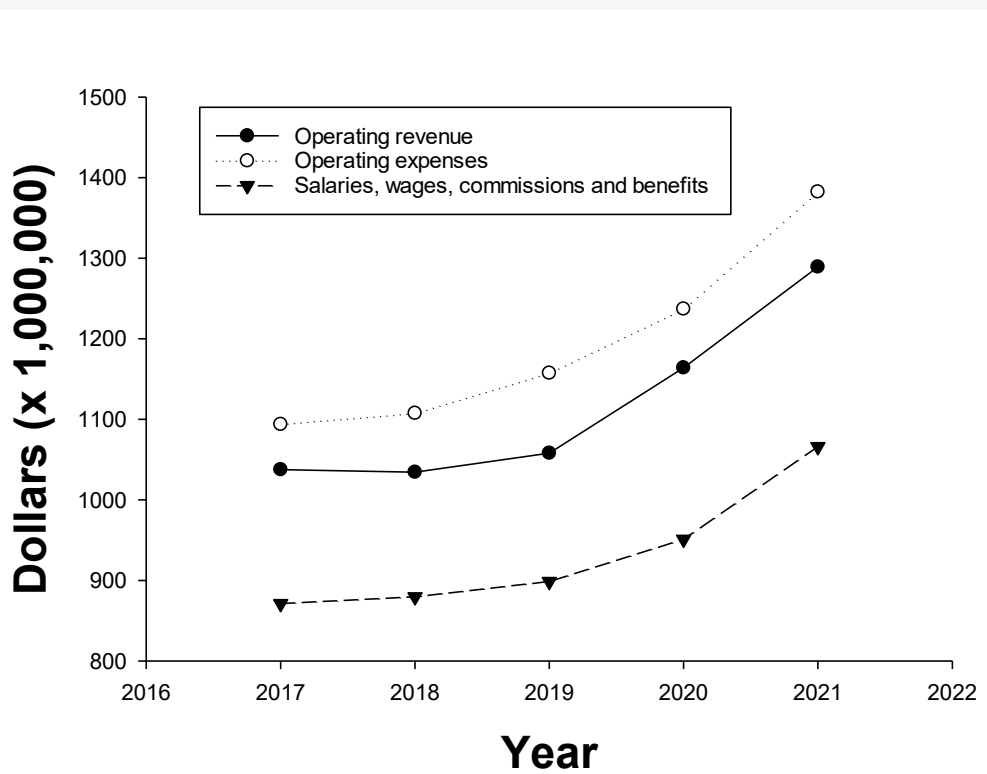
Key highlights of public facilities

In this context, the operating revenue of public facilities rose by 5.0% to \$20.4 billion in 2021 and made up

the largest share (55.2%) of the industry.

Quebec (\$6.9 billion) contributed just over one-third (33.6%) of total Canadian operating revenue, followed by Ontario (\$4.3 billion) and Alberta (\$2.6 billion).

Operating expenses also increased 5.0%, reaching \$21.3 billion. Salaries, wages, commissions and benefits rose by 4.8% in 2021 to \$15.7 billion, representing almost three-quarters (73.5%) of operating expenses. The operating deficit more than tripled during the pandemic; in 2021, it reached \$936.9 million, the largest deficit seen since comparable estimates became available in 2014.



Manitoba Government Supports Seniors to Live Healthier, More Connected, Independent Lives

With the release of *Manitoba, A Great Place to Age: Provincial Seniors Strategy* in late February, the Manitoba government highlighted several initiatives that will support more Manitobans at home and in the community to live fulfilling and empowered lives.

“The seniors strategy is a guide for the Manitoba government to address the challenges faced by some older adults, their families and caregivers, to support all Manitobans in their aging journeys, and to value the significant contributions older adults have made and continue to make in our province,” Johnston said.

The seniors strategy framework categorizes numerous other action-oriented initiatives across seven strategic focus areas:

- safe, inclusive, accessible communities;
- navigation;
- high-quality services;
- financial security;
- reducing ageism and ableism;
- Indigenous engagement and co-design; and collaboration and accountability.

To read the strategy click here: [Manitoba, A Great Place to Age: Provincial Seniors Strategy \(gov.mb.ca\)](https://www.gov.mb.ca/seniorsstrategy)



CARING FOR THE HUMAN SPIRIT

April 17-19 / 2023

Hosted by
Healthcare
Chaplaincy
Network™

SPONSORED
BY IHCAM

APRIL 17, 2022

<https://us02web.zoom.us/j/87065200521?pwd=OExpdFJaaGtiZjAzQktnTUNNaGRpZzo9>

Meeting ID: 870 6520 0521 | Passcode 067421
Dial by your location: 204 272 7920

8:00 am

Welcome and Opening Remarks

8:30 am

Keynote Address Dr. Joseph Rotella
What's Normal Got to Do with It? – What the Last
Three Years Tell Us about Our Future

10:30 am

Helen Westberg Plenary: Faith Community
Nursing and Beyond

APRIL 18, 2023

<https://us02web.zoom.us/j/85984560717?pwd=SWRjazJoeS9JUGxWVnNZLzcwMTAvQTO9>

Meeting ID: 859 8456 0717 | Passcode: 837780
Dial by your location: 204 272 7920

8:00 am

Plenary Session Intersectionality of Spiritual
Communication with Wholistic Care in
Community Healthcare Engagement Locally and
Internationally

10:00 am

Plenary Session Trauma Informed Spiritual
Care: a Journey of Transformation

APRIL 19, 2023

<https://us02web.zoom.us/j/83889988513?pwd=NTdHRWNyYnRqRk16U3pvNFJlR2xkZDZzo9>

Meeting ID: 838 8998 8513 | Passcode: 921001 Dial
by your location: 204 272 7920

10:30 am

Granger Westberg Plenary: Success in
Interfaith-Based Spiritual Care: Partnering with
Law Enforcement

Participants
can earn up to
9.5 CEUS
(Continuing
Education
Units)

log in
anytime for
any of the
scheduled
sessions

an online
conference
via zoom

All workshop presentations non-eligible via Zoom will be uploaded to the IHCAM website post-conference

FREE REGISTRATION

All participants will have access to every presentation from this conference.

Participants may log on via Zoom meeting link, details shown in above daily agenda. For a full description of all sessions <https://www.spiritualcareassociation.org/conference.html>

For more information, please contact Julie Turenne-Maynard at 204-771-5585 or jtmaynard@cham.mb.ca



Interfaith Health Care
Association of Manitoba
Association Interconfessionnelle
en soins de la santé
du Manitoba

**RECONNECT
RENEW
RECREATE**



**RENOUEZ
RAVIVEZ
RÉINVENTEZ**

2023 CASC/ACSS NATIONAL CONFERENCE / CONGRÈS NATIONAL DE L'ACSS/CASC 2023
APRIL/AVRIL 23-25 New Westminster, B.C. / C-B

CONFERENCE SCHEDULE

Day Date	Sunday 23-Apr-23	Monday 24-Apr-23	Tuesday 25-Apr-23	Day Date
0730 - 0800	Canadian Foundation for Spiritual Care / Fondation canadienne to soins spirituels Fun Run	Morning Gathering	Morning Gathering	0730 - 0800
0800 - 0830		Opening Ceremony	Opening Ceremony	0800 - 0830
0830 - 0900		Keynote 1 Dr. Christina Puchalski	Keynote 2 Dr. Evan Adams	0900 - 0930
0900 - 0930				0930 - 1000
0930 - 1000		Break & Table Presentations	Break & Table Presentations	1000 - 1030
1000 - 1030		Breakout 1	Breakout 4	1030 - 1100
1030 - 1100				1100 - 1130
1100 - 1130		Lunch & Table Presentations	Lunch & Table Presentations	1130 - 1200
1130 - 1200				1200 - 1230
1200 - 1230		Reconciliation Council Opening Ceremony (Location TBA)	Breakout 2	Memorial Service
1230 - 1300	Breakout 5			1300 - 1330
1300 - 1330			Break & Table Presentations	1330 - 1400
1330 - 1400	Breakout 3		Free Time / Networking / Table Presentations	1400 - 1430
1400 - 1430				1430 - 1500
1430 - 1500	Closing Ceremony		Closing Banquet: Dinner & Celebrations	1500 - 1530
1500 - 1530				1530 - 1600
1530 - 1600	Free Time and Dinner Out		Closing Banquet: Party & Dance	1600 - 1630
1600 - 1630				1630 - 1700
1630 - 1700	Conference Opening and President's Reception		Hospitality Suite at Inn at the Quay	1700 - 1730
1700 - 1730		1730 - 1800		
1730 - 1800		1800 - 1830		
1800 - 1830		1830 - 1900		
1830 - 1900		1900 - 1930		
1900 - 1930		1930 - 2000		
1930 - 2000		2000 - 2030		
2000 - 2030		2030 - 2100		
2030 - 2100		2100 - 2130		
2100 - 2130		2130 - 2200		
2130 - 2200	2200 - 2230			
2200 - 2230	2230 - 2300			
2230 - 2300	2300 - 0100			

Online Stream

Includes 2 Keynotes and 3 workshops over 2 days

Individual Access \$299.00

Corporate Access \$1,500.00

For more information and registration, please click on this link:

[Canadian Association for Spiritual Care - Registration \(wildapricot.org\)](https://www.wildapricot.org)

Registration extended to April 14, 2023

15th
Annual **YOM
HASHOAH**
*Interfaith
Commemoration*



SUN
APR 16 2023
7:00 PM
CT

Temple
Shalom
1077
Grant
Avenue

**Candle Lighting
and Interfaith
Reading of Megillat HaShoah
(The Holocaust Scroll) —
a powerful liturgical text created to
commemorate the six million Jews
who were murdered in the Shoah.**

**Lead Reader:
Mayor Scott Gillingham**

The service will also include meaningful
music and the lighting of a seventh candle
in memory of the millions of other victims
of the Nazis and their collaborators

Registration Recommended Walk-ins Welcome
www.szwinnipeg.ca/SHOAH
All are Welcome!

Attend In-Person or **Watch Online LIVE**

Yom HaShoah, also known as Holocaust Remembrance Day, occurs on the [27th of the Hebrew month of Nisan](#).

Shoah, which means “utter destruction” or “catastrophe” in Hebrew, refers to the atrocities that were committed against the Jewish people during World War II. This is a memorial day for those who died in the Shoah. The Shoah is also known as the Holocaust, from a Greek word meaning “sacrifice by fire.”

The Holocaust was the largest manifestation of antisemitism in recent history. Yom HaShoah reminds us of the horrors that Jews and other persecuted groups faced: forced labor, starvation, humiliation, and torture, which often resulted in death. It was a systematic effort to wipe out an entire population from the face of the earth.

The Interfaith Healthcare Association of Manitoba’s Executive Director Julie Turenne-Maynard will be an active participant in this event .

If you would like to attend, registration is recommended.

Please click on the following link:

www.szwinnipeg.ca/SHOAH

Spiritual Care: Transforming the Lives of our Loved Ones in Personal Care Homes

A recent Canadian study (2022) revealed the need for spiritual care and the robust role of a Spiritual Care practitioner (SCP) in PCHs.¹

In homes where a Spiritual Care practitioner (SCP) is employed,

Weekly Activities include:

- worship and prayer services - including worship adapted for those living with dementia
- music - worship songs or other inspirational music
- sharing - Java music peer support group, reminiscence, thematic discussion groups
- arts-based opportunities - expressive spiritual arts, inspirational movies
- multi-faith observances - Ismaili daily prayer, Shabbat service, etc.

Monthly activities include:

- special worship services, including sacraments led by various faith groups throughout the year
 - multi-faith and cultural gatherings
 - musical engagement through choirs or a drum circle,
 - support/social gatherings eg. couple's socials, grief support tea, death cafes etc.
- Throughout the year, memorial services are held that are meaningful to the residents and families.

Beyond the calendar

- 1:1 visits and small group conversations with residents to provide emotional and spiritual support
- family care,
- end of life accompaniment and education for care-givers
- care and counselling for staff/team members,
- crisis intervention
- facilitating and hosting community volunteers

Homes without a SCP depend on community volunteers and are challenged to meet the standard of Manitoba Health's PCH Standards² for spiritual care which requires that the operator "shall ensure an organized spiritual and religious care program is provided to respond to the spiritual and religious needs and interests of all residents." (Standard 18)

While once seen as religious caregivers, SCP's are trained professionals who provide spiritual care for all. Spiritual care facilitates the "spiritual work" that is done in later life. Older adults often ask questions about life and death, and deal with guilt, fear and loss. Spiritual Care brings healing for these concerns, helping our loved ones find meaning, dignity and peace.

In LTC we care for the Residents - body, mind and spirit. Spiritual Care is not an optional "extra." The residents, families, and care teams of all personal care homes deserve the support of a SCP, trained to serve in this context. An optimal staffing ratio is one SCP to 100-150 Residents.



¹ Kuepfer, J., Promise, Provision, and Potential: A Hopeful Trajectory for Spiritual Care in Long-Term Care. *Journal of Pastoral Care & Counseling* 2022, Vol. 76(2) 105-113

² Manitoba Health, Healthy Living and Seniors, *Personal Care Home Standards*, January 1, 2015

Catholic Health
Alliance of Canada



Alliance catholique
canadienne de la santé

GET TO THE HEART OF IT *being - caring - doing*

Awakening our capacity to be present in a broken world

This conference will explore the heart of our promise as Catholic health care and how we live our call to compassion—individually and as a community.

We will focus on getting to the heart of what it means to do our best as a Catholic ministry for the people we serve, as we work to recover from the challenges health care organizations have faced and we revitalize our workforce.

The conference will provide an opportunity to explore how we can grow our teams in challenging times and foster hope, compassion and resilience in ourselves, our ministry and our organizations.



Dr. Christina
Mastach



Dr. Michael
Yellow Bird



Dr. Kathleen
Ledoux



Dr. Michael
West



Dr. Michael
Reiter

CHAC NATIONAL CONFERENCE | MAY 11 – 12, 2023 | MONTREAL, QUEBEC

with regional gatherings and a virtual option

Conference Hours

10:30 EST – 16:30 EST

Registration Fee

Individual - \$295
Organization - \$1,000
(max. 5 individuals)

Host Site

Delta Montréal, 475 Av.
du Président-Kennedy,
Montréal, QC

Regional In-person Hosts

Winnipeg, Manitoba
Edmonton, Alberta

Online

(via Zoom)

Conference Details

For a list of speakers, the program
at a glance and to register:

www.eventcreate.com/e/chac-conference-2023

For More Information Contact

Julie Turenne-Maynard
CHAC.ACCS.2023@gmail.com



Conference Program at a Glance

THURSDAY, MAY 11TH

- 10:30 am Welcome and opening remarks
11:10 am Keynote - Meeting the Challenge of Burnout

Dr. Christina Malsach & Dr. Micheal Reiter

- 1:00 pm Presentation - Strengthening our Innate Compassion followed by Compassion Cultivation Training Workshop.

Dr. Kathleen Ledoux

We are all innately compassionate. It is in our biology. Sometimes though it can be challenging to express compassion both to others and to ourselves. In this workshop you will be guided through some of the essential ideas and key practices of the cultivating Compassion (Stanford University) program.

You will learn what the research tells us about how practicing compassion benefits both ourselves and others. You will also learn what barriers might prevent you from being compassionate and how compassion collapse can happen. Through discussion and experiential exercises, you will gain practical skills to help strengthen compassion in your professional and personal life.

- 4:15 pm Closing Comments
Social Reception at Host & Regional Sites

FRIDAY, MAY 12TH

- 10:30 am Welcome and opening reflection
10:40 am Compassion is @#&! Hard
Jennifer Kilimnik, Thomas Williams and Vanessa Hurst
This moderated discussion will touch upon the challenges in exercising

compassion on a personal level, and based on lived experiences, how difficult it can be to get communities and even cities to embrace compassion as a core value.

- 11:40 am Keynote - Compassionate Leadership for High Quality Care Cultures

Dr. Michael West, CBE

This keynote will focus on how creating a culture of compassionate leadership can enable people to reach their potential and do their best work, and improve staff retention in your organizations. He will share the results of NHS leadership data that has been gathered over the past 18-years and other practical examples on compassionate leadership.

- 1:30 pm CHAC National Awards

- 1:50 pm Panel: Practicing and cultivating compassion within efficiency-focussed and ever-changing healthcare systems.

Dr. Malvina Klag, Richard Corneil, Eleanor Stewart, Zofia Dove, Marie-Claire Richer

- 3:15 pm Keynote - The Power of the Mind, The Power of Intention: Using Mindfulness for Healing, Decolonization, and Transformation

Dr. Michael Yellowbird

This keynote will focus on using mindfulness as a healing intervention that can be used by individuals, families, and communities. He will share a brief history of mindfulness and Indigenous contemplative practices and their benefits, lead three short healing and compassion practices, have participants share their experience in breakout sessions, and conclude with a final mindfulness compassion practice.

- 4:15 pm Closing remarks and Prayer

Passover 2023 - Wednesday April 5th to Thursday, April 13, 2023

Passover is a time of renewal, tradition, and hope. Also referred to as the festival of freedom and the festival of hope, we gather together with family and friends to read the ancient story of our liberation from Egypt.



Pearl Family Seder 1929

*Have a blessed
Easter!*

"I am the resurrection and the life. He who believes in Me, though he may die, he shall live. And whoever lives and believes in Me shall never die."

--John 11:25-26

May you have a splendid Easter full of hope and joy and love,

Thanking Jesus, blessed Savior for all that He has done.

May you feel the great excitement of this very precious day, when Jesus gave His very life to wash our sins away.

May you have a memorable time with family and friends, filled with sweet delight in all His love extends.

May you wake on Easter morn. Excite ever to rise, in the resurrection life of Jesus where all the love abides.



Interfaith Health Care
Association of Manitoba

Actionmarguerite
*St. Boniface / St. Vital /
St. Joseph's Residence Inc.*

Bethania Mennonite
PCH

Calvary Place

Centre de Santé Saint-
Boniface Centre Youville
Centre

Dinsdale PCH

Donwood Group

Eden Health Care
Services

Fred Douglas Society

Golden West
Centennial Lodge

Holy Family Home

Hôpital St. Boniface
Hospital

Luther Home

Meadowood Manor

Misericordia Health
Centre

Park Manor Care Inc.

Pembina Place
Mennonite PCH

Prairie View Lodge

Réseau Compassion
Network

Rest Haven Care Home

Rock Lake & District
Health Centre

St. Amant

Ste. Rose General
Hospital

Salem Home Inc.

Sara Riel Inc.

Saul and Claribel Simkin
Centre

Tabor Home

Villa Youville

West Park Manor PCH

Winnipeg Mennonite
Seniors Care Inc.

Winnipegosis & District
Health Centre

ARE YOU A MEMBER? INTERESTED IN APPLYING FOR AN EDUCATION GRANT?

IHCAM's Education Fund that has been established as part of its commitment to providing on-going support and training to its members. We value excellence in leadership, board governance, and person-centred care, and encourages our members' trustees, employees and volunteers to explore ways to grow in compassion.

Investing in our people will allow them to perform their duties to the best of their abilities, and help to create the conditions for them to grow throughout their journey in the facility and community they serve.

We want to provide IHCAM members the opportunity to acquire additional skills and knowledge to strengthen their effectiveness in the position they hold in our member institutions. Our hope is that by investing in the development and formation of individuals today, our organizations and the overall community will benefit for years to come.

For more information on this program and access to grants and the FAQ, click on this hyperlink.

<http://ihcam.ca/news.php?lang=en>

Julie Turenne-Maynard,
Executive Director
jtmaynard@cham.mb.ca

MEMBERSHIP RENEWAL IS IN EFFECT

01 April to 31 March

Individual member: \$50

Non-profit organization \$350

Institutions: fee based on a formula



Interfaith
Health Care
Association
of Manitoba

IHCAM represents and supports the goals of independently governed, faith and values based health and human service organizations with over 10,000 employees in Manitoba through advocacy, education, self-governance, and the sharing of best practices with its members.

IHCAM VALUES

Integrity • Care • Community • Leadership • Learning • Partnership • Responsibility