



# Connections

Giving hope, comfort, peace and sharing community with those we serve.

## NEW BEGINNINGS

### IHCAM LAUNCHES CONNECTIONS NEWSLETTER

Winter is just around the corner and with it comes the promise of change. As part of IHCAM's new strategic direction, we're excited to launch our inaugural *Connections* Newsletter, which is specifically designed to help IHCAM members stay informed on the association's activities, as well as other pertinent information faith-based health care organizations are interested in.

We are sending you our newsletter in the hopes that you will find great value in its content and that it will aid you in your personal and professional life. You'll find that we will attempt to provide you with educational information, events, news and opportunities to partner in some of IHCAM's new endeavours. We want this newsletter to be valuable for you so *please, please*, share your feedback and suggestions to help us improve.

In this first issue, we have focussed our attention on two of IHCAM's strategic pillars: Formation and Spiritual Care. Our association has made an effort to establish partnerships with CHCM's Compassion Project, the Catholic Health Association of Manitoba, the Manitoba Multifaith Council, the MB Chapter of the Canadian Association of Spiritual Care, as well as the Province of Manitoba's Spiritual Care Advisory Committee to develop initiatives and programs that will be beneficial for faith-based organizations, as well as their leaders and staff.

*"Formation broadens what we see. Formation deepens what we seek, and helps us develop a deeper sense of personal purpose and calling."*

*Source: Catholic Health Association of Ontario*

## WHAT IS FAITH-BASED HEALTHCARE ?

For people working in faith-based healthcare and social service organizations, most understand what constitutes a faith-based facility and how it functions with the Province of Manitoba who provides the core funding for their operations. Many people however, are not aware of the genesis of faith-based facilities, do not understand the value of faith-based health care, nor do they realize the positive impact these facilities have on their residents, clients, families, and the community in which they are established. In order to raise the public's and government officials awareness of the value of faith-based facilities, IHCAM, in partnership with CHAM, will be developing a Tool Kit that will address all the above this year.

## INSIDE THIS ISSUE

Leadership Formation .....	2
Clinical Pastoral Education .....	3
New Grant Program .....	4
Provincial SC Update .....	4
Spring Conference .....	5
IHCAM AGM Results .....	6

## UPCOMING EVENTS

- CPE Didactics for Spiritual Health Practitioners & Chaplains
- CASC MB Annual Education Day "*Spiritual Care & Indigenous Historical Perspectives: Connecting Points*" - 02 Nov
- Dementia—We All Have a Reason to Care Workshop Nov 8 - **Sold Out**
- First Annual Bereavement Day in Canada - Nov. 21
- MAID Workshop - Jan. 08
- Compassionate Presence: Caring for the Spirit (overall) April 19-20, 2018
- Caring for the Human Spirit Healthcare Chaplaincy Network Conference via webcast April 23-25 , 2018



Interfaith Health Care  
Association of Manitoba

Association interconfessionnelle  
en soins de la santé  
du Manitoba



## THE MISSION FORMATION SERIES KICKS OFF WITH A BANG

One of the outcomes of the Strategic Planning session this summer was to dedicate more time and resources to the creation of Leadership Formation learning opportunities for its members.

IHCAM, in partnership with the Catholic Health Association of Manitoba (CHAM) and CHCM's Compassion Project, created *The Mission Series* and held



its first two-day Leadership Formation Workshop on October 10 and 11th, 2017.

Close to 80 attendees participated in this workshop.

The first day concentrated on board governance, while the second day focussed on leadership formation.

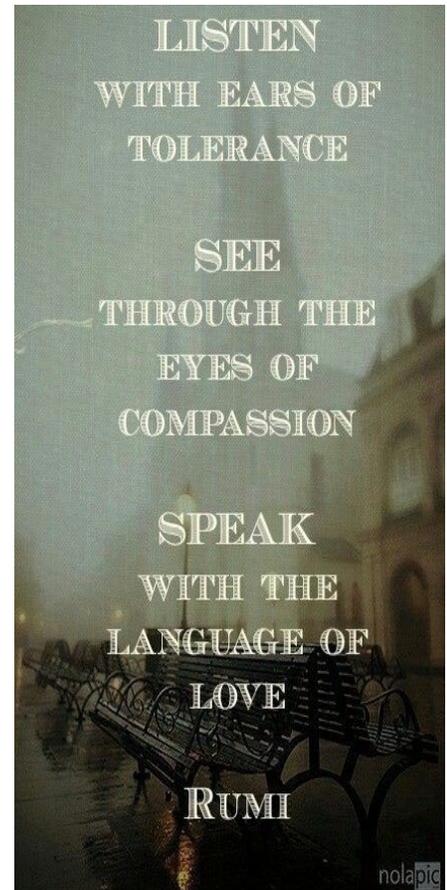
*"On behalf of our staff and the folks that joined me from the board, I just wanted to thank you for presenting the training provided! It was very timely as our new board is embarking on some ambitious goals for the upcoming year. This type of training is so valuable even if it's a refresher for some!"*



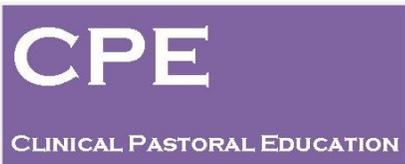
**Sherry Janzen**, CEO of Salem Home Inc. gives inspiring talk on the topic *Leading from Within*



**John Leggat**, CEO of St. Amant Inc. describes the *Mindfulness Journey* his staff of 1800 have embarked on to achieve a person-centered approach to care



## COMMITTED TO SPIRITUAL CARE EDUCATION



IHCAM has been committed to help its members improve spiritual care service through education and training for several years, with Clinical Pastoral Education (CPE) as the primary method

of training spiritual care practitioners and chaplains in acute and long term care settings - a multicultural and interfaith experience that uses real-life ministry encounters of students to improve the ministry and pastoral care provided by caregivers.

Earlier this year IHCAM and Fred Douglas Lodge worked together with Paul Peters Derry (training to become a Certified Supervisor Educator) to see five students graduate from an IHCAM-led CPE unit. Clinical placements for this year's students happened at Bethania Mennonite Personal Care Home, Fred Douglas Lodge, Misericordia Health Centre and St Boniface General Hospital.

As a result of the June 28th, 2017 strategic planning session outcomes, the IHCAM Board of Directors decided to support St. Boniface Hospital's Spiritual Care Department to launch their first CPE Unit in September 2017, by postponing the start of its own CPE unit, and concentrating on organizing other forms of Formation Education Opportunities for IHCAM members.

*"CPE provided me opportunities for rich experiences in the practical work of Spiritual Care along with a group environment intentionally facilitated to make space for personal & spiritual development and growth. It deepened my sense of call to the work of Spiritual Care and gifted me with some great fellow travellers in that Adventure. I am grateful."*



### WORKSHOP JANUARY 8, 2018

St. Boniface Cathedral | Lower Level | 190, avenue de la Cathédrale

A workshop facilitated by Mary Holmen on Medical Assistance in Dying (MAID) will be held as part of the SBH CPE Didactic Schedule on Monday January 8, 2018. This didactic will not be available via telehealth. It is currently scheduled from 9:00 am to noon, but we are looking at the possibility of extending it to a full day workshop. More information will be provided regarding this session in the coming weeks.

### FIRST ANNUAL BEREAVEMENT DAY IN CANADA

**November 21, 2017** will mark the first annual Bereavement Day in Canada. The Canadian Hospice Palliative Care Association (CHPCA) invites all Canadians to reflect on the importance of relationships past and present, to think about those who have passed from our lives, and to help advocate for supports at the provincial and national levels for grieving Canadians. For more information, visit: <http://www.chpca.net/news-and-events/bereavementday.aspx>

### IHCAM SPIRITUAL HEALTH PRACTITIONERS INVITED TO PARTICIPATE IN SBH CPE FALL AND WINTER DIDACTIC SCHEDULE

**The following are the dates and topics of the didactic sessions to be offered via Telehealth and in person at the St. Boniface CPE:**

**All sessions are from 10:45 am to 12:15 pm**

- Monday, October 30  
Fowler's Faith Stages
- Monday, November 20  
Erikson's Stages of Development
- Monday, November 27  
Crucial Conversations
- Monday, December 11  
Crisis/Trauma Care
- Monday, January 29  
Multi-Faith Issues
- Monday, February 12  
Grief/Loss
- Monday, March 5—Ethics  
(Medical/CASC Code of Ethics)

### TELEHEALTH INSTRUCTIONS

If you/your site are interested in any of the sessions, you will need to book a room with Telehealth capabilities for the sessions required. Once done, please e-mail Chenene Layne [clayne@sbgh.mb.ca](mailto:clayne@sbgh.mb.ca) with the date(s)/ session(s), contact person (yourself or member of your team), and the room you have booked for the date(s).

**Please pre-book the Telehealth rooms for all sessions as soon as possible.**

### IN-PERSON ATTENDANCE

All the sessions will be held between **10:45-12:15** in the Education Building, 3<sup>rd</sup> floor, room N3061. The only exception is November 20 (Erikson) that will be held in the main building, basement, room BG002

NB: Other staff can also attend if interested.



# Compassionate Presence:

## *Caring for the Spirit (overall)*



Conference facilitators: Dr. Christina Puchalski & Dr. Shane Sinclair  
Join us for four inspiring learning opportunities

April 19, 2018

### *Creating more Compassionate and Whole Person Care*

Noon – 1:00 p.m. (Free)

In this one hour Compassion Grand Rounds, Dr. Puchalski will talk about Integrating Interprofessional Spiritual Care into Clinical Care.

Samuel N. Cohen Auditorium | St. Boniface Hospital Albrechtsen Research Centre | 351 Taché Avenue

### *The Essential Role of Spiritual Care Practitioners and Chaplains in Healthcare*

2:30 p.m. to 4:30 p.m.

Member: **\$50** Non-Member: **\$75**

Dr. Puchalski will explore important areas in which spiritual care providers are critical to the provision of quality health care.

St. Boniface Cathedral | Lower level | 190, avenue de la Cathédrale

### *Creating Standards for Spiritually-Centered Compassionate Care: A Global Movement*

6 PM Cocktails | 7 PM Banquet

**\$75**

Join Dr. Puchalski in her Keynote address during the Catholic Foundation of MB Annual Caritas Awards Banquet.

RBC Convention Centre | 375 York Avenue | [www.catholicfoundation.mb.ca](http://www.catholicfoundation.mb.ca)

April 20, 2018 Full-day Workshop

8:30 am to 4:00 pm | St. Boniface Cathedral | 190 ave. de la Cathédrale

Member: **\$100** Non-Member **\$150**

Based on consensus-based guidelines for interprofessional spiritual care, Dr. Christina Puchalski will help participants learn communication skills for addressing spiritual issues with patients, and how to use the FICA tool in their clinical practice.

Dr. Shane Sinclair will present a model of compassion developed from the bedside by patients and their healthcare providers. Participants will also learn about attending to the suffering patient, about a model of how spirituality can lead to the practice of compassion, and basic steps to this practice.

#### Early bird pricing:

(until March 15, 2018)

Includes all 4 learning opportunities

Member of CHAM, CHCM, IHCAM:

**\$175.00** + GST

Non-Member: **\$225.00** + GST

#### Regular pricing:

(after March 15, 2018)

Includes all 4 learning opportunities

Member of CHAM, CHCM, IHCAM:

**\$200.00** + GST

Non-Member: **\$250.00** + GST

Online registration at [www.cham.mb.ca](http://www.cham.mb.ca)

For more information, contact Suzanne Dupuis | [sdupuis@chcm-ccsm.ca](mailto:sdupuis@chcm-ccsm.ca) | 204-258-1053

The Mission Partners:



Interfaith Health Care  
Association of Manitoba  
Association interprofessionnelle  
en soins de la santé  
du Manitoba



Conference Sponsors:





## INTERFAITH HEALTHCARE ASSOCIATION OF MANITOBA (IHCAM)

IHCAM is a voluntary non-profit provincial association created in 1995 and comprised of health and social care service organizations that are owned and operated by nine faith groups; Baptist, Catholic, Jewish, Lutheran, Mennonite, Pentecostal, Salvation Army, Seventh-Day Adventist and United.

IHCAM advocates on behalf of its membership the value of faith-based health care and governance.

IHCAM's member organizations represent over 13% of Manitoba's health care budget employing over 10,000 staff and attracting over 2000 community volunteers.

Within the Province of Manitoba, a faith-based healthcare facility is a publicly funded facility which is owned and sponsored by the faith community. As a publicly funded facility, we have an obligation to provide health care which meets or exceeds government and professional standards.

SBH Education Building  
N5067 - 431 Taché Avenue  
Winnipeg, Manitoba  
R2H 2A6

Phone: 204-235-3136  
Fax: 204-235-3811  
E-mail: [jtmaynard@cham.mb.ca](mailto:jtmaynard@cham.mb.ca)  
[www.ihcam.ca](http://www.ihcam.ca)



Interfaith Health Care  
Association of Manitoba  
Association interconfessionnelle  
en soins de la santé  
du Manitoba

## IHCAM AGM OUTCOMES

In late June 2017, IHCAM began the exercise of revising its current vision, mission and values. The work was completed in September and presented for approval at the October 11, 2017 Annual General Meeting.

### VISION STATEMENT

To be a recognized leader in advocating for and supporting faith-based health care and social service organizations so that people we serve will experience comfort, hope, peace, and community.

### MISSION STATEMENT

IHCAM supports the goals of faith-based organizations in Manitoba to deliver effective community based health and social services through advocacy, education, self-governance, and the sharing of best practices with its members.

### VALUES

Integrity, Care, Community, Leadership, Learning, Partnership & Responsibility.

### 2017-2018 PRIORITIES

- ⇒ Formation & Education
- ⇒ Communication
- ⇒ Government relations and advocacy

## GOVERNING COUNCIL APPOINTMENTS

The following individuals were appointed to represent their faith group on the IHCAM Governing Council:

Laurie Cerqueti ( <i>sec-treas</i> )	Baptist	Meadowood Manor
John Leggat ( <i>past chair</i> )	Catholic	St. Amant
Irwin Corobow	Jewish	Saul & Claribel Simkin Centre
Keith Bytheway	Lutheran	Luther Home
Analyn Einarson	Mennonite	Eden Health Care
Helmuth Plett	Pentecostal	Calvary Place
Joyce Kristjansson ( <i>chair</i> )	Salvation Army	Golden West Centennial Lodge
Rosalyn Garafalo ( <i>vice</i> )	United	Fred Douglas Lodge
Ruben Wollman	7th day Adventist	West Park Manor

## MEMBERSHIP OPPORTUNITIES

If you or your organization is interested in becoming a Charter or Associate member of IHCAM, please contact our executive director, Julie Turenne-Maynard for more details, or if you prefer, access the Membership Application Form on IHCAM's website.

<http://www.ihcam.ca/media/IHCAM-Membership-Application--Fees-structure.pdf>



We would appreciate your feedback on this first Newsletter to assist us in making improvements for the next quarterly *Connections* Bulletin.

*Connections* is currently being distributed electronically, but let us know if you would prefer a hard copy. If you prefer e-newsletters, then would you send us an email confirming that you would like to receive your IHCAM news digitally? Please send your reply to [jtmaynard@cham.mb.ca](mailto:jtmaynard@cham.mb.ca) by November 30, 2017. Thank you!